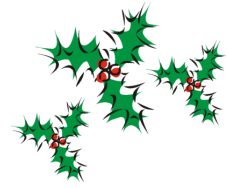




Longford Street Medical Centre Newsletter— Winter 2017



Your GPs are:

Dr M Parashchak

Dr S Pokinskyj

Dr P Rowlands

Dr F Azad

Dr S Kotegaonkar

Dr M Ali

GP Clinic times vary
throughout the day.

The surgery is closed at
1pm on the 2nd Thursday
of every month for staff
training.

Contact Us:

Tel: 01706 621417

Fax: 01706 622915

Active Signposting

In September 2017, Heywood, Middleton and Rochdale Clinical Commissioning group have introduced a scheme to help improve access to general practice. This scheme has been introduced throughout the borough, in every GP practice.

How does this affect you?

The main change that you will experience is that our receptionists will ask you some questions when you make a request for an urgent appointment. These ensure that you receive:

- The most appropriate medical care,
- For the most appropriate professional,
- At the most appropriate time

The questions that are asked will cover the:

- **Nature of the problem?**
- **Duration of the problem?**
- **Severity of the problem?**

Your responses mean that the receptionist can:

- Ensure that all patients receive the appropriate level of care
- Help doctors prioritise house visits and phone calls
- Direct patients to see the nurse, other health professional or services such as the minor ailments scheme.

Reception staff, like all other members of the practice team, are bound by confidentiality rules and any information given by you is treated in the strictest of confidence.

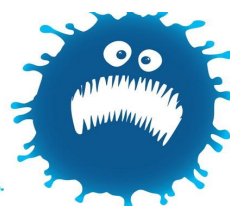
Flu Vaccinations

We still have flu jabs in stock. If you are eligible for an NHS flu jab you will have been notified by letter or text. If you are pregnant, over 65 years of age, have a long term condition such as asthma, COPD, diabetes, heart disease; are very overweight; a carer; you will be eligible.

If you would like a flu jab, please contact the surgery to make an appointment.

**Flu
kills**

Protect yourself, your family,
colleagues and patients
— be a flu fighter, get your flu jab.





Antibiotics

Public Health England (PHE) says that up to a fifth of antibiotic prescriptions are unnecessary as many illnesses get better on their own. Overusing the drugs is making infections harder to treat by creating drug-resistant superbugs. Antibiotics treat infections by killing bacteria but now the bacteria are fighting back. In some circumstances, healthcare professionals may require additional information to help them decide if we require antibiotics.

One tool to help make this decision is a point of care CRP blood test. As a practice we are proud to announce that we are taking part in a scheme introduced by HMR CCG to help reduce the prescribing of antibiotics. A CRP blood test is a sample taken from a finger prick which gives a tiny sample of blood for testing. The CRP testing machine takes 4.5 minutes to analyse your sample. The results will then be sent to the GP who will then decide on the next course of treatment. Since May 2017 CRP testing has seen a reduction in the amount of patients being prescribed antibiotics who may have been if the test had not been performed.



Coughs and Colds

Please use your local pharmacist this Autumn/Winter for all cough and cold remedies. There are many products that can be purchased over the counter and pharmacists can help with minor ailments such as conjunctivitis, cystitis, impetigo, oral thrush in infants, scabies, threadworm, Vaginal thrush (there are some exclusions)



The NHS Choices website offers an A-Z dictionary of conditions and treatments. Common conditions, Childhood conditions and NHS Guides



Practice News

We are sorry to announce that Dr Sanjay will be leaving the practice on the 29th December, we wish him well for his future endeavors.

We would like to welcome two new members to the practice team:

Dr Raychaudhuri will be joining the practice on the 2nd January 2018, she will be working 4 days a week.

Our new Admin Apprentice Lucy joined us in October and has been doing great and working well with the team.



Christmas Closures

The Surgery will be closed on the following dates;

Monday 25th & Tuesday 26th December 2017

Monday 1st January 2018

We would like to take this opportunity to wish all our patients a very Happy Christmas and Best Wishes for 2018.

Email us at hmrccg.longfordreception@nhs.net or visit www.longfordstreetmedicalcentre.co.uk